



# SOMERVILLE CELEBRATES PRESCRIPTION TAKE-BACK DAY on APRIL 25!

*Somerville Health Department and Police Department and Fire Department (in collaboration with OPEN) are celebrating "Prescription Drug Take-Back Day" on **Saturday, April 25 from 10am-2pm** to provide the community with a secure venue for proper disposal of unused, unwanted, or expired prescription medications.*



**Participate by disposing of meds and RECEIVE A \$5 GIFT CARD TO DUNKIN' DONUTS!!! (limited availability)**

*Bring the whole family! KIDS CAN TOUR A SOMERVILLE FIRE ENGINE (10-11:30), courtesy of Somerville Fire Department!  
NEED HELP INSTALLING A CHILD SAFETY SEAT IN YOUR VEHICLE? Somerville Police Department will be there to help!  
Tour a POLICE CRUISER!*



## DID YOU KNOW?

Many prescription and over the counter drugs if used improperly can lead to addiction, adverse health effects, and even death.

### RISK TO TEENS

In a national survey, 2500 youth reported getting access to drugs from their friends' and families' medicine cabinets.

### RISK TO OLDER ADULTS

Persons age 65 + account for approximately 1/3 of all prescriptions. Over-the-counter medications and supplements can cause adverse health risks specifically associated with the elderly due to changes in metabolism that occur with age.

### RISKS TO THE ENVIRONMENT

Medications travel through wastewater into our groundwater, rivers, ponds and streams. Research has detected low concentrations of medications in our waterways. Even at very low concentrations, medications have negatively impacted aquatic life!

## HOW TO DISPOSE OF MEDS AT TAKE-BACK DAY

### MEDICATION IN BOTTLES

- Remove or scratch out any personal information or conceal it (black it out with a permanent marker). Leave the name of the medication visible.
- Place unwanted medication, with the exception of liquids, in a zip lock bag and drop in the kiosk at the public safety building.

### LIQUIDS

- Pour liquids into a zip lock bag and mix with an inedible material such as coffee grinds, kitty litter, or saw dust. Seal bag and place in regular garbage.

### SHARPS

- Once contained, needles can be dropped off at the Sharps Kiosk located at the public safety building.

